

Generation **HOPE** Youth Clubhouse

A Community-Focused Workshop Series from CAPE

Life Skills for Teens

This session is designed to help teens reach their full potential by discussing important topics, including responsibilities, communication, stress reduction, anger management, and problem-solving.

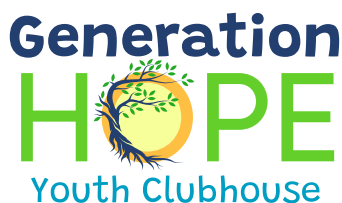
Thursday, April 3rd



JOIN US 4-5:30 PM FOR THIS FREE WORKSHOP

This session is part of a new workshop series centered on mental wellness. We will discuss life skills that can help teens live independently and successfully.

SPOTS ARE LIMITED!!! Register Online



31 Marshall Rd, Suite 3F
Wappingers Falls, NY 12590

See details and sign up:
capedc.org/events

