

Generation HOPE Youth Clubhouse

A Community-Focused Workshop Series from CAPE

Healthy Boundaries

This session will help teens understand the importance of setting and respecting personal boundaries in relationships. They will learn effective communication skills and strategies to build healthy, supportive connections with others.

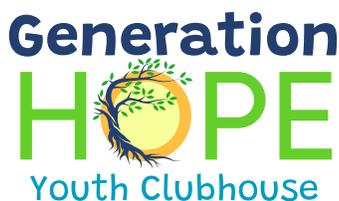
Thursday, April 17th



JOIN US 4-5:30 PM FOR THIS FREE WORKSHOP

This session is part of a new workshop series centered on mental wellness. We will discuss life skills that can help teens live independently and successfully.

SPOTS ARE LIMITED!!! Register Online



31 Marshall Rd, Suite 3F
Wappingers Falls, NY 12590

See details and sign up:
capedc.org/events

