

Testimonials

Quotes from Parents

"This program was probably the most valuable gift parents and children can share together – Thank You."

- John Jay Parent

"Raising awareness is so important concerning this issue. They have conveyed their message loud and clear! May we all take this to heart and act responsibly! Thank You! It was a wonderfully informative presentation."

- Ketcham Parent

"I went to one 2 years ago – yes it is worthwhile mandatory info for our youth and a wake up call for parents."

- Spackenkill Parent

"I worked in hospitals as a nurse for 15 years and saw a few similar courses – yours was the best!"

- Ketcham Parent

Quotes from Students

"The program affected me emotionally and made me think twice before I make decisions before getting behind any wheel. I would suggest this to any teen driver preparing to drive or operate any vehicle."

- FDR Student

"This program shows what can happen. I think this is one of the best ways to reach people."

- Dover Student

"It was very good– it really hit me, and made me realize how serious drinking and driving is."

- Millbrook Student

"Thank you for restricting Parking Permits to those who attend this program."

- Red Hook Student

Quotes from School Districts

"Student Assistance provides excellent outreach to our middle school population."

- Red Hook

"CAPE programs are a professional and critically needed prevention service."

- Wappingers

"Professional, diligent, dependable programs and services."

- Dover

"Caring, professional, and detailed...services...approachable to students, staff, parents, and community."

- Hyde Park

Quotes from Conference Participants

"The set up, ease of flow, and organization of the panel was outstanding."

"Well attended and caliber of attendees is indicative of the growing respect for CAPE as a leader in the prevention field and the county!"

"I have attended 6 forums throughout the Mid Hudson Valley and CAPE's was the most comprehensive."

OUR MISSION:

To provide, promote and pioneer prevention education services for the citizens of Dutchess County and neighboring areas so that they can make healthy and responsible choices to improve individual and community quality of life.



The Council on Addiction Prevention & Education of Dutchess County, Inc.

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A Contract Agency of Dutchess County
Department of Mental Hygiene

Programs and Services



Power of Prevention



COUNCIL ON ADDICTION PREVENTION & EDUCATION OF DUTCHESS COUNTY, INC.

WHERE THE POWER OF PREVENTION MAKES A DIFFERENCE IN THE QUALITY OF LIVES IN OUR COMMUNITY

ALIVE AT 25

Alive at 25 is a 4½ hour evidence-based driver's awareness course designed by the National Safety Council for young drivers ages 16-24. Participants gain awareness, develop safety strategies and build a foundation of healthy and responsible decision-making. CAPE's prevention educators are certified by the National Safety Council to deliver this program. This is a fee-based program.

THE BUTT STOPS HERE

An evidence based tobacco recovery program developed by Seton Health in Albany. The seven session program utilizes both nicotine replacement therapy in combination with group counseling. Programs are held onsite and conducted by trained educators. This is a fee-based program.

CAMPUS COALITION

A group made up of representatives from Marist and Vassar Colleges, the Council, Town and City of Poughkeepsie law enforcement & government, local bar and restaurant owners and other community members. Meetings are held to discuss substance related issues on and off campus.

COLLEGE CONSORTIUM

A group of representatives from Mid-Hudson Valley area colleges meet on a regular basis to discuss common challenges and to come up with strategies to deal with a number of addiction issues, including substance and alcohol abuse.

EASTERN DUTCHESS COMMUNITY COALITION

A group that engages the towns of Amenia, Dover Plains, Millerton, Pawling and Pine Plains in the development of a community coalition which targets growing human service needs, particularly substance issues among youth.

INFORMATION & REFERRAL SERVICES

Provides substance abuse information and treatment referrals to hundreds of people each year from all sectors within our community. The Council also provides Intervention Services to the community.

THE MARATHON PROJECT

Sponsored by CAPE, this is an innovative distance running program that pairs adult mentors with at-risk youth in Dover, Hyde Park, Newburgh, Poughkeepsie and Webutuck. This is an after school training program that aims to reduce risk factors such as childhood obesity, school dropout and substance abuse. The Marathon Project provides opportunities for students to set and achieve goals, explore avenues for character development, improve health, and build positive student/adult relationships through mentoring.

PREVENTION EDUCATION PROGRAMS

Provide evidence-based presentations in schools, colleges, community-based organizations, and businesses throughout the county related to drinking and driving, underage drinking, alcohol and substance abuse, and gambling. This program also works with the school-based SADD chapters.

PREVENTION EDUCATION & COUNSELING PROGRAM (PROJECT SUCCESS)

Provides licensed counselors in 4 districts and 10 schools offering substance abuse prevention education and counseling to students, faculties, families, and communities through individual and group counseling, information and referral services, as well as family communication programs.

PROFESSIONAL EDUCATION PROGRAM

A series of substance abuse related trainings sponsored by the Council and certified by NYS OASAS. CAPE is a NYS OASAS certified prevention provider and trainer.

RECOVERY COACHING

An intervention that promotes recovery by removing barriers and obstacles, by providing guidance and mentoring for individuals seeking an improved quality of life. This is a fee-based program.

SCREENING BRIEF INTERVENTION AND REFERRAL TO TREATMENT (SBIRT) (Teen Intervene)

An evidence-based early intervention model used as a tool to assess at risk individuals and where appropriate, refer to treatment. This intervention uses motivational interviewing as a means to engage individuals in identifying their needs and seeking the level of assistance that they require to manage substance abuse issues. This is a fee-based program.

SOUTHERN DUTCHESS COMMUNITY COALITION

An initiative which engages the towns of Beacon, East Fishkill, Fishkill, Hopewell Junction, Lagrangeville and Wappingers Falls in the development of a community coalition to address growing human service needs and risk factors, particularly substance issues among adolescents and young adults.

TRAINING FOR INTERVENTION PROCEDURES (TIPS)

A nationally recognized program that teaches bartenders, waitstaff and retail vendors about the legal responsibilities of selling alcohol, how to identify fake IDs and how to recognize intoxicated patrons and refuse sales when necessary. Onsite training is available. TIPS is a fee-based program.

SUBSTANCE ABUSE PREVENTION SKILLS TRAINING OF TRAINERS (TOT)

An evidence-based training developed by the Substance Abuse and Mental Health Services Administration (SAMHSA) through the Center for the Application of Prevention Technologies (CAPT). CAPE was one of the Prevention Providers selected by the New York State Office of Alcoholism and Substance Abuse Services (NYS OASAS) to participate in the Training of Trainers. CAPE is one of three providers in the Mid-Hudson Valley able to deliver this training. The training aims to familiarize participants with the evidence-based Strategic Prevention Framework (SPF) within the context of all Behavioral Health and has direct application to ALL prevention work. This is a fee-based service.

TEEN DRIVING: A FAMILY AFFAIR

A program that brings the Victim Impact Panel model into local high schools as part of the student's application for a parking permit to allow students to drive to school. The program mandates that both the student and a parent attend this modified VIP which includes victims of substance related crashes as well as representatives from the District Attorney's Office, the insurance industry and the medical community. Parents and students gain an understanding of the serious legal, medical, insurance and emotional costs resulting from drinking, drugging and driving. Families are asked to create a driving contract.

VICTIM IMPACT PANEL (VIP)

A program that serves the entire community by providing a monthly forum on the painful consequences of drunk/drugged driving from people whose lives have been forever changed by an impaired driver. People convicted of DWI and DWAI are mandated by the courts to attend VIP with the aim of reducing recidivism. The program is available in English and Spanish. There is also educational component available for those offenders who are under 21 years of age.

Please contact The Council on Addiction Prevention & Education of Dutchess County, Inc. at (845) 765-8301 for more information on these programs.

