



Press Release

For Immediate Release

CONTACT: Elaine Trumpetto

PHONE: 845-765-8301 x-103

FAX: 845-765-8304

The Council on Addiction Prevention & Education of Dutchess County (CAPE), Inc. is pleased to announce that Ms. Sarah Burrows, LMHC has been recognized by NYS as the Mental Health Addictions Counselor of the Year.

Fishkill, NY August 28, 2012-CAPE is pleased to announce that Sarah Burrows, M.A., LMHC, has been selected by the New York State Office of Alcoholism and Substance Abuse Services (NYS OASAS) as the Mental Health Addictions Counselor of the Year. Sarah has been employed with CAPE since 2002. She provides prevention education and counseling services to contract school districts and serves as the clinical supervisor for the agency's prevention counseling staff. She attended Connecticut College and received her M.A. in counseling from Lesley College in Massachusetts. Sarah brings a diversified background to her work with youth and families having worked in hospitals, behavioral health organizations and private practice.

CAPE is licensed by NYS OASAS as a prevention and education counseling provider and trainer offering evidence-based programs and practices to the Dutchess County community. The mission of the Council is to provide, promote and pioneer prevention education services for the citizens of Dutchess County and neighboring areas so that they can make healthy and responsible choices to improve individual and community quality of life.

CAPE, formerly the Dutchess County Council on Alcoholism and Chemical Dependency, was founded in 1987. It is located in Fishkill, New York. The agency is a not for profit 501C3. Its main offices are located in Fishkill, New York. CAPE employs a staff of 12

For further information, contact Elaine Trumpetto, Executive Director at 845-765-8301 x- 103. Visit us at www.capedc.org and www.facebook.com/CAPEDC. **END**